

BANNARI AMMAN INSTITUTE OF TECHNOLOGY - WOMEN DEVELOPMENT CELL

Pre-Marital Guidance Programme



A motivational talk “Uravuku Uyir Kodupom” regarding premarital guidance was organized by Women’s Development Cell of Bannari Amman Institute of Technology. Dr.D.Saravanan, Principal of Bannari Amman Institute of Technology addressed the gathering and proposed the welcome speech. The main concept or the vision behind the programme was explained by him. Thereby, Dr.K.Devarajan Rotarian lead the guidance program. He briefly overviewed about the importance of premarital guidance and gave suggestions and ideas to lead a balanced healthy married life. Also Mr.S.P.Manoharan, Rotarian presented a short speech wherein he emphasized the importance of having

such an awareness and motivational talk regarding premarital guidance which is not spoken openly worldwide especially girl students. "Importance of Health" was the main concept what he spoke about. Nearly 12000 girl students are inspired by his talk and they all now lead a happy and a peaceful life. He also mentioned that this programme "Uravuku Uyir Kodupom" has been awarded recently for their seamless work. Prof.S.Ranganathan, Amirta University welcomed all the students and orated about the reality of human beings and also gave some tips regarding how to maintain a good relationship .Dr.Meena Kumari Mohan, MBBS,MRCiH, Consultant Pediatric diabetologist and endocrinologist – Masonic medical Center for children and Kurinji Hospital gave an excellent oration about the ethics a girl should follow in her life. Her remarkable speech regarding the vaccines and the supplements each and every girl should take has inspired all the students. She also presented the ill effects of having junk food and carbonated drinks. She advised the students to take correct proportions of food intake with plenty of water every day. Also she mentioned about the difficulties that a girl faces if she is not maintaining a balanced weight. She also impacted the importance of maintaining a balanced state of physical, mental and social well-being. Then Mr.A.Rathinasamy, founder of Youth Health Foundation gave a splendid talk regarding the views of college girls and boys. The thought process, actions and each and every aspect vary for boys and girls. This created a clarity among all the students to adjust, accommodate and accept the way as people are. Also, he mentioned some qualities to choose one's partners in life. Dr.K.Selvarajan projected his views about college girls and boys and gave some advice not to deviate from one's path. Finally, Student V.Keerthana , Final year-Information Technology proposed the vote of Thanks.